# **SRI NARAYANI HEALTH CARE SERVICES**

(Unit of Sri Narayani Hospital & Research Centre)

# @ YOUR DOOR STEP



NURSING CARE



AMBULANCE SERVICE



SAMPLE COLLECTION



CATHETER CHANGE



POST-OPERATIVE CARE



**RYLES TUBE** INSERTION



WOUND DRESSING



TRACHEOSTOMY CARE



### INSTRUCTIONS

#### FOR ALL

- Prior appo intment is mandatory
- Reporting time is between 7:00 a.m and 9.30 a.m at Health Check Lounge registration counter on the ground floor
- Please come on an empty stomach with an overnight fasting of 10 to 12 hours
- In case you are taking any medication, please bring the prescription / medication along with you
- If you are a diabetic or cardiac patient, please inform the Health Check Reception on arrival
- Please wear comfortable casual clothes and footwear as you may be required to change clothes.
- The Validity period of all health checks is one month. The review should be completed within this period.
- Written reports and reviews will be completed within 24-36 hours

#### **FOR WOMEN**

- If you are pregnant or suspecting pregnancy, please do not undergo X-ray, Mammography, **Bone Densitometry** or Treadmill test.
- If you are having periods (menses) on the schedule day of your appointment, we request you to reschedule your appointment. If not, kindly inform the nurse on arrival, since we will not be able to conduct Urine, Stool and Pap Smear tests on you.

**CALL NOW** TO BOOK AN **APPOINTMENT** 

73583 87148

Sri Lakshmi Narayani Golden Temple Sripuram

#### **SPECIALITIES**

- Accident & Emergency Care
- Anaesthesiology
- Andrology, Infertility & Men's Healt
- Arthroscopy & Sports Medicine
- Cardiology
- Cardiovascular & thoracic surgery
- Critical Care Medicine
- Dental
- Dermatology & Cosmetology
- Diabetes & Endocrinology
- ENT, Head & Neck Surgery
- General Medicine
- General Surgery
- Geriatric Medicine
- Interventional Cardiology
- Joint Replacement
- Neurology and Neuro Surgery
- Nephrology
- Medical Oncology
- Medical Gastroenterology

in a central location

8 Specialty centric ICU's

Institute centric patient care

Specialized Day Surgery Unit:

■ 24 x 7 - 21 bedded Accident &

Surgery Today & Home Today

for Trauma & Medical emergencies

Phone: +91 416 2206300 / 301 / 302

@snhrchosp

Sripuram, Vellore - 55, Tamil Nadu, India.

e-mail:info@snhrc.org www.snhrc.org f Sri Narayani Hospital and Research Centre

350 bedded super speciality hospital

State of the art Imaging and Lab services

Best in class - 9 modular operating rooms

Emergency unit with specialized protocols

- Orthopedic Surgery
- Ophthalmology
- Obstetrics & Gynaecology
- Oral & Maxillofacial Surgery
- Pain Medicine
- Paediatrics
- Paediatric Surgery
- Plastic Surgery
- Psychiatry
- Pulmonary Medicine
- Radiology
- Rheumatology
- Reproductive Medicine
- Renal Transplant Unit
- Surgical Gastroenterology
- Spine & Brain Surgery
- Urology
- Vascular & **Endovascular Surgery**



Om Namo Narayani

Sri Narayani Hospital

& Research Centre

# **Preventive Health Checkup**

Take care of your life - Be Proactive

www.snhrc.org



#### MASTER HEALTH CHECKUP 3000/-

- URINE ANALYSIS ROUTINE
- LFT PROFILE
- RFT PROFILE
- LIPID PROFILE
- SERUM URIC ACID SUGAR FASTING
- SUGAR PP
- CBC PROFILE

■ CBC - PROFILE

- ECG
- ULTRASOUND
- CHEST-PA VIEW

BLOOD GROUPING

AND RH TYPING

ABDOMEN AND PELVIS

- HbA1C
- TSH
  - SUGAR PP
    - URIC ACID

■ CBC - PROFILE

LIPID PROFILE

■ RFT - PROFILE

SUGAR FASTING

LFT PROFILE

- HbA1C
- PROTHROMBIN TIME-PT

SERUM CALCIUM

■ CBC - PROFILE

LIPID PROFILE

■ RFT - PROFILE

SUGAR FASTING

SERUM URIC ACID

AND RH TYPING

STOOL ROUTINE

URINE ANALYSIS

COMPLETE

LFT PROFILE

■ RFT - PROFILE

LIPID PROFILE

LFT PROFILE

SUGAR PP

■ E.S.R.

SERUM ELECTROLYTE

CARDIAC HEALTH CHECKUP(CMHC) \\ 6500/-

TSH

ECG

■ TMT (Needed Patient Only Rs.500/-

TSH

HBsAa

VITAMIN - D

MICROALBUMIN

GERIATRIC HEALTH CHECKUP \ 6500/-

AND PELVIS

CHEST-AP VIEW

SERUM PHOSPHORUS

URINE ANALYSIS ROUTINE

(RAPID CARD METHOD)

CHEST -PA VIEW (ADULT)

ABDOMEN AND PELVIS

SERUM ELECTROLYTE

- ULTRASOUND ABDOMEN
- URINE ANALYSIS COMPLETE
- VITAMIN D AND RH TYPING ■ E.C.H.O

- HbAIC
- URINE COMPLETE
- TSH

WOMEN HEALTH CHECKUP - 1 3750/-

- USG ABDOMEN & PELVIS
- CHEST X-Ray
- ECG
- BLOOD GROUPING
- HBsAq

## WOMEN HEALTH CHECKUP - 2 \ 5000/-

- WOMEN HEALTH CHECKUP PACKAGE 1
- VITAMIN D

SUGAR FASTING

RFT - PROFILE

LIPID PROFILE

CBC - PROFILE

SUGAR PP

■ E.S.R

PAP SMEAR

# WOMEN HEALTH CHECKUP COMPLETE \\10000/-

- CBC PROFILE
- E.S.R.
- SUGAR FASTING
- SUGAR PP
- RFT PROFILE
- LFT PROFILE
- HbA1C
- LIPID PROFILE
- VITAMIN D

SUGAR PP

• LH

 BLOOD GROUPING AND RH TYPING

SUGAR FASTING

LIPID PROFILE

AND RH TYPING

TSH

ECG

ECHO

DEXA

FSH

BLOOD GROUPING
 THYROID FUNCTION TEST

PCOD WORK UP PACKAGE \\ 3500/-

PAP SMEAR

MAMMOGRAM

■ VITAMIN B 12

CHEST X-RAY

- URINE ANALYSIS ROUTINE
- SERUM CALCIUM
- USG ABDOMEN & PELVIS
- - SUGAR BLOOD **RANDOM**
  - COUNT (TLC)
  - URINE ANALYSIS

# MEN'S HEALTH COMPLETE PACKAGE 5000/-

- HAEMOGLOBIN
- SUGAR FASTING
- SUGAR PP
- LIPID PROFILE
- TSH
- HbA1C
- TESTOSTERONE

- ESTRADIOL E2
- ECG
- E.C.H.O
- TREADMILL TEST
- CHEST X-RAY
- DIET COUNSELLING

## CHILD HEALTH CHECKUP - 1 \ 2000/-

- E.S.R
- **PHOSPHATASE**
- BLOOD GROUP & RH GROUPING
- PACKED CELL VOLUME (PCV)
- PLATELET COUNT
- RBC COUNT
- SGPT
- SERUM CREATININE
- STOOL ROUTINE

- ROUTINE

- DIFFERENTIAL LEUCOCYTIC COUNT (DCL)
- MCV
- MCH
- MCHC
- TSH
- CHEST-AP VIEW (CHILD)
- DENTAL SCREENING
- EYE SCREENING
- NUTRITIONIST **ASSESSMENT**
- PAEDIATRICIAN CONSULTATION
- COMPREHENSIVE **ANTHROPOMETRY**
- IMMUNIZATION COUNSELLING

## CHILD HEALTH CHECKUP - 2\\ 2500/-

- USG (EXCEPT CHEST X-RAY)

# CHILD HEALTH CHECKUP - 3 \ 3000/-

- CHILD HEALTH CHECKUP PACKAGE 2
- CHEST AP VIEW (CHILD)

- DIABETIC HEALTH CHECKUP (DMHC) 6500/-

  - SERUM ELECTROLYTE
  - URIC ACID
  - TSH

TFT

- MICROALBUMIN
- URINE ANALYSIS ROUTINE
- PERIPERAL DOPPLER
- BLOOD GROUPING
  BIOTHIESIMETER

  - AND PELVIS
  - ECHO
- CARDIAC BASIC HEALTH CHECKUP \\ 3300/-
- SUGAR FASTING
- SUGAR PP ECHO

- LIPID PROFILE SERUM CREATININE
   DIET COUNSELLING for OP
- CBC PROFILE
- TSH ECG
  - CHEST-PA VIEW (ADULT)

- EXECUTIVE HEALTH CHECKUP 6000/-HbA1C
- E.S.R. VITAMIN - D
- SUGAR FASTING URINE ANALYSIS ROUTINE SUGAR PP ECG
- URIC ACID CHEST ADULT
- LIPID PROFILE RFT - PROFILE
- LFT PROFILE BLOOD GROUPING
   E.C.H.O

■ CBC - PROFILE

SUGAR FASTING

■ RFT - PROFILE

LIPID PROFILE

AND RH TYPING

LFT PROFILE

VITAMIN - D

VITAMIN B 12

**BOTH EYE** 

FUNDUS PHOTO

HbA1C

SUGAR PP

■ E.S.R.

- AND RH TYPING
- VITAMIN B 12

AND PELVIS

ULTRASOUND ABDOMEN

- HbA1C SERUM CALCIUM BLOOD GROUPING
   ECG
- SERUM PHOSPHORUS

- CHEST ADULT
- ULTRASOUND ABDOMEN
- ECG
  - IqE HbA1C
    - VITAMIN D TSH
    - SUGAR FASTING

■ E.C.H.O

LUNG HEALTH CHECKUP \ 6000/-

DEXASCANS

ULTRASOUND

- SUGAR PP CBC - PROFILE
- PULMONARY **FUNCTION TESTING**
- SPUTUM FOR AFB STAIN CHEST-PA VIEW
- ECG
- E.C.H.O

- MEN'S HEALTH BASIC PACKAGE \\ 3500/-
- HAEMOGLOBIN SUGAR BLOOD
- **RANDOM** LIPID PROFILE
- TSH

ECG

HbA1C

 TESTOSTERONE TOTAL ■ ESTRADIOL - E2

USG ABDOMEN & PELVIS

PROLACTIN (HPRL)

TESTOSTERONE

HAEMOGLOBIN

- DIET COUNSELLING **PHYSIOTHEROPY**

- ALKALINE
- HEMOGLOBIN

- TOTAL LEUCOCYTIC

- CHILD HEALTH CHECKUP PACKAGE 1
- CHILD HEALTH CHECKUP PACKAGE 1